

Word Bank of High Frequency Writing Words

The words in this word bank are listed in the order of their frequency of use in everyday writing. Since “**the**” is the most frequently used word in our language, its number is one in the word bank. The first 25 words are used in **33%** of everyday writing, the first 100 words appear in **50%** of adult and student writing, and the first 1,000 words are used in **89%** of everyday writing.

Learning to read and spell these words will help your child become a more proficient writer and reader. Tackle the list in chunks. For example: Have your child read the first 20 words. Then call out the first 20 words for him/her to spell. Mark or highlight the words he/she has difficulty reading and/or spelling. Practice those words daily. Once your child has mastered them, move on to the next 20.

1 the	32 what	63 more	94 after
2 of	33 all	64 her	95 words
3 and	34 were	65 two	96 called
4 a	35 when	66 like	97 just
5 to	36 we	67 him	98 where
6 in	37 there	68 see	99 most
7 is	38 can	69 time	100 know
8 you	39 an	70 could	101 get
9 that	40 your	71 no	102 through
10 it	41 which	72 make	103 back
11 he	42 their	73 than	104 much
12 for	43 said	74 first	105 go
13 was	44 if	75 been	106 good
14 on	45 do	76 its	107 new
15 are	46 will	77 who	108 write
16 as	47 each	78 now	109 our
17 with	48 about	79 people	110 me
18 his	49 how	80 my	111 man
19 they	50 up	81 made	112 too
20 at	51 out	82 over	113 any
21 be	52 them	83 did	114 day
22 this	53 then	84 down	115 same
23 from	54 she	85 only	116 right
24 I	55 many	86 way	117 look
25 have	56 some	87 find	118 think
26 or	57 so	88 use	119 also
27 by	58 these	89 may	120 around
28 one	59 would	90 water	121 another
29 had	60 other	91 long	122 came
30 not	61 into	92 little	123 come
31 but	62 has	93 very	124 work

125 three	171 along	217 live	263 several
126 must	172 while	218 page	264 change
127 because	173 might	219 got	265 answer
128 does	174 next	220 earth	266 room
129 part	175 sound	221 need	267 sea
130 even	176 below	222 far	268 against
131 place	177 saw	223 hand	269 top
132 well	178 something	224 high	270 turned
133 such	179 thought	225 year	271 learn
134 here	180 both	226 mother	272 point
135 take	181 few	227 light	273 city
136 why	182 those	228 country	274 play
137 help	183 always	229 father	275 toward
138 put	184 show	230 let	276 five
139 different	185 large	231 night	277 himself
140 away	186 often	232 picture	278 usually
141 again	187 together	233 being	279 money
142 off	188 asked	234 study	280 seen
143 went	189 house	235 second	281 didn't
144 old	190 don't	236 soon	282 car
145 number	191 world	237 story	283 morning
146 great	192 going	238 since	284 I'm
147 tell	193 want	239 white	285 body
148 men	194 school	240 ever	286 upon
149 say	195 important	241 paper	287 family
150 small	196 until	242 hard	288 later
151 every	197 form	243 near	289 turn
152 found	198 food	244 sentence	290 move
153 still	199 keep	245 better	291 face
154 between	200 children	246 best	292 door
155 mane	201 feet	247 across	293 cut
156 should	202 land	248 during	294 done
157 home	203 side	249 today	295 group
158 big	204 without	250 however	296 true
159 give	205 boy	251 sure	297 half
160 air	206 once	252 knew	298 red
161 line	207 animal	253 it's	299 fish
162 set	208 life	254 try	300 plants
163 own	209 enough	255 told	301 living
164 under	210 took	256 young	302 black
165 read	211 four	257 sun	303 eat
166 last	212 head	258 thing	304 short
167 never	213 above	259 whole	305 United States
168 us	214 kind	260 hear	306 run
169 left	215 began	261 example	307 book
170 end	216 almost	262 heard	308 gave

309 order	355 feel	401 round	447 quite
310 open	356 fire	402 dark	448 carry
311 ground	357 ready	403 past	449 distance
312 cold	358 green	404 ball	450 although
313 really	359 yes	405 girl	451 sat
314 table	360 built	406 road	452 possible
315 remember	361 special	407 blue	453 heart
316 tree	362 ran	408 instead	454 real
317 course	363 full	409 either	455 simple
318 front	364 town	410 held	456 snow
319 American	365 complete	411 already	457 rain
320 space	366 oh	412 warm	458 suddenly
321 inside	367 person	413 gone	459 easy
322 ago	368 hot	414 finally	460 leaves
323 sad	369 anything	415 summer	461 lay
324 early	370 hold	416 understand	462 size
325 I'll	371 state	417 moon	463 wild
326 learned	372 list	418 animals	464 weather
327 brought	373 stood	419 mind	465 miss
328 close	374 hundred	420 outside	466 pattern
329 nothing	375 ten	421 power	467 sky
330 though	376 fast	422 problem	468 walked
331 idea	377 felt	423 longer	469 main
332 before	378 kept	424 winter	470 someone
333 lived	379 notice	425 deep	471 center
334 became	380 can't	426 heavy	472 field
335 add	381 strong	427 carefully	473 stay
336 become	382 voice	428 follow	474 itself
337 grow	383 probably	429 beautiful	475 boat
338 draw	384 area	430 everyone	476 question
339 yet	385 horse	431 leave	477 wide
340 less	386 matter	432 everything	478 least
341 wind	387 stand	433 game	479 tiny
342 behind	388 box	434 system	480 hour
343 cannot	389 start	435 bring	481 happened
344 letter	390 that's	436 watch	482 foot
345 among	391 class	437 shell	483 care
346 able	392 piece	438 dry	484 low
347 dog	393 surface	439 within	485 else
348 shown	394 river	440 floor	486 gold
349 mean	395 common	441 ice	487 build
350 English	396 stop	442 ship	488 glass
351 rest	397 am	443 themselves	489 rock
352 perhaps	398 talk	444 begin	490 tall
353 certain	399 whether	445 fact	491 alone
354 six	400 fine	446 third	492 bottom

493 check	539 teacher	585 pay	631 pair
494 reading	540 happy	586 sleep	632 ahead
495 fall	541 bright	587 iron	633 wrong
496 poor	542 sent	588 trouble	634 practice
497 map	543 present	589 store	635 sand
498 friend	544 plan	590 beside	636 tail
499 language	545 rather	591 oil	637 wait
500 job	546 length	592 modern	638 difficult
501 music	547 speed	593 fun	639 general
502 buy	548 machine	594 catch	640 cover
503 window	549 information	595 business	641 material
504 mark	550 except	596 reach	642 isn't
505 heat	551 figure	597 lot	643 thousand
506 grew	552 you're	598 won't	644 sign
507 listen	553 free	599 case	645 guess
508 ask	554 fell	600 speak	646 forward
509 single	555 suppose	601 shape	647 huge
510 clear	556 natural	602 eight	648 ride
511 energy	557 ocean	603 edge	649 region
512 week	558 government	604 soft	650 nor
513 explain	559 baby	605 village	651 period
514 lost	560 grass	606 object	652 blood
515 spring	561 plane	607 age	653 rich
516 travel	562 street	608 minute	654 team
517 wrote	563 couldn't	609 wall	655 corner
518 farm	564 reason	610 meet	656 cat
519 circle	565 difference	611 record	657 amount
520 whose	566 maybe	612 copy	658 garden
521 correct	567 history	613 forest	659 led
522 bed	568 mouth	614 especially	660 note
523 measure	569 middle	615 necessary	661 various
524 straight	570 step	616 he's	662 race
525 base	571 child	617 unit	663 bit
526 mountain	572 strange	618 flat	664 result
527 caught	573 wish	619 direction	665 brother
528 hair	574 soil	620 south	666 addition
529 bird	575 human	621 subject	667 doesn't
530 wood	576 trip	622 skin	668 dead
531 color	577 woman	623 wasn't	669 weight
532 war	578 eye	624 I've	670 thin
533 fly	579 milk	625 yellow	671 stone
534 yourself	580 choose	626 party	672 hit
535 seem	581 north	627 force	673 wife
536 thus	582 seven	628 test	674 island
537 square	583 famous	629 bad	675 we'll
538 moment	584 late	630 temperature	676 opposite

677 born	723 spent	769 wear	815 nature
678 sense	724 ring	770 act	816 apart
679 cattle	725 teeth	771 hat	817 path
680 million	726 quiet	772 arm	818 careful
681 anyone	727 ancient	773 believe	819 narrow
682 rule	728 stick	774 major	820 mental
683 science	729 afternoon	775 gray	821 nine
684 afraid	730 silver	776 wonder	822 useful
685 women	731 nose	777 include	823 public
686 produce	732 century	778 describe	824 according
687 pull	733 therefore	779 electric	825 steel
688 son	734 level	780 sold	826 salt
689 meant	735 you'll	781 visit	827 speech
690 broken	736 death	782 sheep	828 forth
691 interest	737 hole	783 I'd	829 nation
692 chance	738 coast	784 office	830 knowledge
693 thick	739 cross	785 row	831 appear
694 sight	740 sharp	786 contain	832 ate
695 pretty	741 fight	787 fit	833 dinner
696 train	742 capital	788 equal	834 hurt
697 fresh	743 fill	789 value	835 spend
698 drive	744 deal	790 yard	836 experiment
699 lead	745 busy	791 beat	837 touch
700 break	746 beyond	792 inch	838 drop
701 sit	747 send	793 sugar	839 chair
702 bought	748 love	794 key	840 east
703 radio	749 cool	795 product	841 separate
704 method	750 cause	796 desert	842 truck
705 king	751 please	797 bank	843 sing
706 similar	752 meat	798 farther	844 column
707 return	753 lady	799 won	845 twice
708 corn	754 west	800 total	846 particular
709 decide	755 glad	801 sell	847 shop
710 position	756 action	802 wire	848 unless
711 bear	757 pass	803 rose	849 spot
712 hope	758 type	804 cotton	850 neither
713 song	759 attention	805 spoke	851 met
714 engine	760 gas	806 rope	852 wheel
715 board	761 kitchen	807 fear	853 none
716 control	762 pick	808 shore	854 hill
717 spread	763 scale	809 throughout	855 television
718 evening	764 basic	810 compare	856 bill
719 brown	765 happen	811 movement	857 solve
720 clean	766 safe	812 exercise	858 pressure
721 wouldn't	767 grown	813 bread	859 report
722 section	768 cost	814 process	860 farmer

861 count	907 entire	953 mine	999 seat
862 trade	908 fruit	954 company	1000 accept
863 chief	909 crowd	955 current	1001 police
864 month	910 band	956 pound	1002 consider
865 clothes	911 wet	957 valley	1003 dozen
866 doctor	912 solid	958 double	1004 baseball
867 indeed	913 northern	959 till	1005 rubber
868 dance	914 flower	960 match	1006 symbol
869 church	915 star	961 average	1007 support
870 original	916 feed	962 die	1008 exactly
871 enjoy	917 wooden	963 liquid	1009 industry
872 string	918 sort	964 alive	1010 they're
873 sister	919 develop	965 stream	1011 beneath
874 familiar	920 shoulder	966 provide	1012 laugh
875 onto	921 variety	967 drink	1013 groceries
876 imagine	922 season	968 experience	1014 popular
877 blow	923 share	969 future	1015 thank
878 quick	924 jump	970 tomorrow	1016 quarter
879 law	925 regular	971 drove	1017 climbed
880 lie	926 represent	972 population	1018 continue
881 final	927 market	973 finish	1019 potatoes
882 rise	928 we're	974 station	1020 receive
883 loud	929 flew	975 shook	1021 design
884 fair	930 finger	976 stage	1022 president
885 herself	931 expect	977 oxygen	1023 charge
886 slow	932 army	978 poem	1024 mistake
887 noise	933 cabin	979 solution	1025 hospital
888 statement	934 camp	980 burn	1026 remain
889 hungry	935 danger	981 cent	1027 service
890 join	936 purpose	982 electricity	1028 increase
891 tube	937 breakfast	983 everybody	1029 students
892 rode	938 proper	984 rate	1030 insects
893 empty	939 coat	985 dust	1031 address
894 twenty	940 push	986 worth	1032 sincerely
895 broke	941 express	987 community	1033 dollars
896 nice	942 shot	988 captain	1034 belong
897 effect	943 angry	989 bus	1035 bottle
898 paid	944 southern	990 protect	1036 flight
899 motion	945 dress	991 cook	1037 forget
900 myself	946 bag	992 raise	1038 bicycle
901 divide	947 proud	993 further	1039 secret
902 supply	948 neck	994 steam	1040 soldier
903 laid	949 breath	995 guide	1041 silent
904 dear	950 strength	996 discover	1042 structure
905 surprise	951 member	997 plain	1043 height
906 gun	952 twelve	998 usual	1044 observe

1045 indicate	1091 ordinary	1137 whisper	1183 quality
1046 railroad	1092 extra	1138 available	1184 terrible
1047 knife	1093 rough	1139 college	1185 instrument
1048 married	1094 library	1140 furniture	1186 balance
1049 suggested	1095 condition	1141 leather	1187 ability
1050 entered	1096 arrived	1142 husband	1188 arrange
1051 magazine	1097 located	1143 principal	1189 rhythm
1052 agree	1098 program	1144 medicine	1190 avoid
1053 fifty	1099 pencil	1145 excellent	1191 daily
1054 escape	1100 tongue	1146 operation	1192 identity
1055 threw	1101 title	1147 council	1193 standard
1056 planet	1102 enemy	1148 author	1194 combine
1057 dangerous	1103 garage	1149 organize	1195 attached
1058 event	1104 lose	1150 concern	1196 frighten
1059 leader	1105 vegetable	1151 barbecue	1197 social
1060 peace	1106 parents	1152 accident	1198 factory
1061 spelling	1107 style	1153 disease	1199 license
1062 chapter	1108 education	1154 construction	1200 recommend
1063 swimming	1109 required	1155 motor	
1064 opportunity	1110 political	1156 affect	
1065 immediately	1111 daughter	1157 conversation	
1066 favorite	1112 individual	1158 evidence	
1067 settled	1113 progress	1159 citizen	
1068 telephone	1114 altogether	1160 environment	
1069 repeat	1115 activities	1161 influence	
1070 prepare	1116 article	1162 cancel	
1071 instance	1117 equipment	1163 audience	
1072 avenue	1118 discuss	1164 apartment	
1073 newspaper	1119 healthy	1165 worse	
1074 actually	1120 perfect	1166 transportation	
1075 employee	1121 recognize	1167 frozen	
1076 review	1122 frequently	1168 waste	
1077 convince	1123 character	1169 couple	
1078 allowed	1124 personal	1170 function	
1079 nobody	1125 disappear	1171 connect	
1080 details	1126 success	1172 project	
1081 muscles	1127 traffic	1173 pronounce	
1082 model	1128 yesterday	1174 offered	
1083 climate	1129 situation	1175 apply	
1084 coffee	1130 realize	1176 improve	
1085 whenever	1131 message	1177 stomach	
1086 serious	1132 recently	1178 collect	
1087 angle	1133 account	1179 prevent	
1088 feather	1134 physical	1180 courage	
1089 determined	1135 neighbor	1181 occur	
1090 dictionary	1136 excited	1182 foreign	