

Oconee County 2017-2018 High Shoals Elementary School Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Hot Entrée item or one Cold Entrée item					
Week of: 9/11 10/2 10/23	Honey Bun	Breakfast Biscuit	Breakfast Sausage Pizza	Pancake Wrap	Chicken Biscuit
	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams
	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait
Week of: 9/18 10/9 10/30	Honey Bun	Breakfast Biscuit	Breakfast Sausage Pizza	Pancake Wrap	Chicken Biscuit
	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams
	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait
Week of: 9/25 10/16 11/6	Waffles	Breakfast Biscuit	Breakfast Sausage Pizza	Pancake Wrap	Chicken Biscuit
	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams	Cereal Selection with Premium Grahams
	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait	Fantastic Fruit & Granola Yogurt Parfait
Choose any or all sides					
Select Daily Sides:	Fresh Fruit or Fruit Cup	Fresh Fruit or Fruit Cup	Fresh Fruit or Fruit Cup	Fresh Fruit or Fruit Cup	Fresh Fruit or Fruit Cup
	Select Juices	Select Juices	Select Juices	Select Juices	Select Juices
	Milk Variety	Milk Variety	Milk Variety	Milk Variety	Milk Variety

Menus subject to change based on availability/deliveries.

Oconee County 2017-2018 High Shoals Elementary Lunch Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Entrée, Hot Veggie Included						
Week of: 9/11 10/2 10/23	Entrée Choice <i>Choose One</i>	Hamburger Corn dog Super Salad Plate Bento Box PB&J	Nachos BBQ Chicken & Garlic Toast Delicious Deli Sub Bento Box PB&J	BBQ Pork Sandwich Chicken Fingers & Special Sauce Super Salad Plate Bento Box PB&J	Shrimp & Puppies Spaghetti & Meat Sauce Delicious Deli Sub Bento Box PB&J	Pizza Party Calzones Super Salad Plate Bento Box PB&J
	Hot Veggie	Baked Beans	Black Beans	Corn	Steamed Broccoli	Green Beans
Week of: 9/18 10/9 10/30	Entrée Choice <i>Choose One</i>	Chicken Sandwich Hamburger Super Salad Plate Bento Box PB&J	Nachos Flatbread Pizzas Delicious Deli Sub Bento Box PB&J	BBQ Pork Sandwich Chicken Fingers & Special Sauce Super Salad Plate Bento Box PB&J	Spaghetti & Meat Sauce Fish Sticks & Puppies Delicious Deli Sub Bento Box PB&J	Pizza Party Cheese Sticks & Dipping Sauce Super Salad Plate Bento Box PB&J
	Hot Veggie	French Fries	Refried Beans	Peas & Carrots	Steamed Broccoli	Mixed Veggies
Week of: 9/25 10/16 11/6	Entrée Choice <i>Choose One</i>	Hot Dog Hamburger Super Salad Plate Bento Box PB&J	Beef Tacos Chicken Fajitas Delicious Deli Sub Bento Box PB&J	Pork BBQ Sandwich Chicken Fingers & Special Sauce Super Salad Plate Bento Box PB&J	Seafood Basket Cheese Sticks & Dipping Sauce Delicious Deli Sub Bento Box PB&J	Pizza Party Grilled Chicken Sandwich Super Salad Plate Bento Box PB&J
	Hot Veggie	French Fries	Refried Beans	Glazed Carrots	Steamed Broccoli	Mixed Veggies
Sides						
Select Any or All Daily Sides:	Cold Veggie	Baby Carrots	Side Garden Salad	Baby Carrots	Side Garden Salad	Baby Carrots
	Fruits	Fresh & Fancy Assorted Fruits	Fresh & Fancy Assorted Fruits	Fresh & Fancy Assorted Fruits	Fresh & Fancy Assorted Fruits	Fresh & Fancy Assorted Fruits
	Milk	Milk Variety	Milk Variety	Milk Variety	Milk Variety	Milk Variety
<p>*Bento Boxes are Oconee Schools newest offering of a deluxe "Grab N Go" container! Yogurt & Cheese with Dipping Veggies, Assorted Crackers, Muffins or Baked Scoops. Look for additional choices in the future!</p>						
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